

Braham & Murray

Collabear Farm, Tawstock, North Devon, EX31 3JZ
01271 858 377
www.hemp-ingredients.com

Ingredient Description

De Hulled Hemp Seed /Hemp Nut

Unique Food Grade Hemp Seed

Description	DeHulled Hemp Seed produced to FOOD GRADE specification developed by Braham &Murray from a crop with excellent environmental credentials. Ideal for products requiring authentic, traceable and sustainable raw ingredients.
Uses	Vegetarian Foods Vegan Foods Gluten Free Foods GMO Free Foods Dairy Free Foods Health Supplements Prepared Foods
Process	Dried and conditioned with temperature controlled under 40°C. De hulled Separated and cleaned.
Traceability	Produced by Messrs Braham & Murray in the UK and EU exclusively for human food consumption and complying with B&M Specification.
Legal	Conforms to UK and EU legislation. Ingredients tested to contain less than 0.00% THC by UK Home Office laboratory FERA.
Colour	White with some Light Green flecks.
Odour & Taste	Nutty sunflower seed like odour and taste.
Free From	Pesticides & Herbicides Gluten Hexane GMO Toxins & Dioxins Dairy & Lactose Nuts Sesame Any known Allergens
Suitable For	Vegans (Approved by Vegan Society) Vegetarians (Approved by Vegetarian Society) Lactose Intolerant Diets
Other Information	Locally Produced Product of highly sustainable crop Excellent environmental credentials

Braham & Murray

Collabear Farm, Tawstock, North Devon, EX31 3JZ
01271 858 377
www.hemp-ingredients.com

Ingredient Nutritional Data

De Hulled Hemp Seed

Typical Nutritional Values per 100g	
Energy	2134kj/514kcal
Protein	30g
Carbohydrate	15g
of which Sugars	1.7g
Fat	41g
of which Saturates	4g
of which Monunsaturates	8.9g
of which Polyunsaturates	28.1g
Omega 6	21.2g
Omega 3	6.9g
Fibre	9.3g
Sodium	4.46mg